

Food First



FOOD FIRST BOOKS

Catalog 2018

Food First



A FOODIE'S — GUIDE — TO CAPITALISM:

UNDERSTANDING THE POLITICAL ECONOMY OF WHAT WE EAT

A Foodie's Guide to Capitalism: Understanding the Political Economy of What We Eat

Eric Holt-Giménez

Eric Holt-Giménez critically examines the history of our food system

and the basics of capitalism in his new book. The book provides a hard-hitting and timely political-economic tool kit for the food movement—from foodies, farmers, farm justice activists, and concerned consumers to climate justice and environmental activists. Holt-Giménez explains the political economics of why—even as local, organic, and gourmet food have spread around the world—so many go hungry in the midst of abundance.

A Foodie's Guide explores past and present-day struggles to change the food system, from “voting with your fork,” to land occupations. The book details the potential and the pitfalls of organic and community-supported agriculture, certified fair trade, microfinance, land trusts, agrarian reform, cooperatives, and food aid. By understanding how capitalism operates, we can better grasp why our food system is the way it is, and use this moment of crisis to build a powerful movement for transformation capable of mobilizing resistance and inspiring change.

2017 Paperback, \$25.00, 280 pages, [ISBN: 9781583676592](#) | eBook, \$25.00, [ISBN: 9781583676615](#)

Food First



LAND JUSTICE

Re-imagining Land, Food, and the Commons in the United States

Land Justice:

Re-imagining Land, Food, and the Commons in the United States

Edited by Justine Williams and Eric Holt-Giménez

In recent decades, the various strands of the food movement have been calling attention to the many shortcomings and injustices of our food and agricultural systems. Farmers, activists, scholars, and everyday citizens are working to rebuild local food economies, advocate for food justice, and promote more sustainable, agroecological farming practices. However, the movement for fairer, healthier, and more local food is continually blocked by one obstacle: land access. As long as land remains unaffordable and inaccessible to most people, we cannot truly transform the food system.

Land Justice brings together over 30 activists and scholars from the U.S. food movement to expose the history of land theft, dispossession, and consolidation. Ways to democratize land justice, based on redistributive policies and cooperative ownership models are explored. This book makes the case that to move to a more equitable, just, sustainable, and sovereign agriculture system, the various strands of the food movement must come together for land justice.

2017 Paperback, \$24.95, 285 pages, [ISBN: 9780935028041](#) | eBook, \$10.95, [ISBN: 9780935028195](#)

Food First



Fertile Ground: Scaling Agroecology from the Ground Up

Edited by Steve Brescia

Agroecology is our best option for creating an agrifood system

capable of nurturing people, societies, and the planet. But it is still not widespread. Fertile Ground offers nine case studies, authored by agroecologists from Africa, Latin America, the Caribbean, North America, and Europe, that demonstrate how agroecological practice can be “scaled” so that it is known by more farmers, practiced more deeply, and integrated into planning and policy.

“The book goes beyond simple cataloguing of techniques... by putting agroecology at the head of progressive social movements. It highlights how these movements are using agroecology to forge new pathways for food sovereignty, local autonomy, and community control of land, water, and agrobiodiversity.”

— Miguel Altieri, Professor Emeritus, University of California Berkeley

Translations available in both Spanish and French.

2017 Paperback, \$14.95, 233 Pages, [ISBN: 9780935028218](#) | eBook, \$8.95, [ISBN: 9780935028263](#)
[Spanish Translation: ISBN: 9780935028485](#) | [French Translation: ISBN: 9780997098907](#)

Food First



Food First:

Selected Writings from 40 years of Movement Building

Edited by Tanya M. Kerssen and Teresa K. Miller

Selected writings from Food First/Institute for Food and Development Policy on the occasion of its 40th anniversary. Highlighting the breadth and depth of the organization's published works, it addresses hunger, international trade, US foreign policy, the Green Revolution, agroecology, land reform, food and farm workers' rights, climate justice, and food sovereignty. This powerful anthology introduces readers to the historical and global movements for food justice and food sovereignty.

"It is a pleasure to congratulate Food First on four decades of valuable work educating the public and thus laying the basis for constructive efforts to address growing crises that we cannot evade. The significance and urgency of this work is even greater today than before, as the very serious threat of environmental catastrophe becomes more evident and imminent. This is no time to relax our efforts. Rather, to redouble them."

— Noam Chomsky, Professor Emeritus, Massachusetts Institute of Technology

2015 Paperback, \$20.00, 308 pages, [ISBN: 9780935028461](#) | eBook, \$9.99, [ISBN: 9780935028478](#)

Food First



Food Movements Unite! Strategies to Transform our Food Systems

Edited by Eric Holt-Giménez

The present corporate food regime dominating the planet's food systems is environmentally destructive, financially volatile and socially unjust. Though the food regime's contributions to the planet's food-fuel-finance and climate crises are well documented, the "solutions" advanced by our national and global institutions reinforce the same destructive technological path, global market fundamentalism, and unregulated consolidation of corporate power in the food system that brought us the crisis in the first place.

Food Movements Unite is a collection of essays by food movement leaders from around the world that all seek to answer the perennial political question: What is to be done? The answers come from food justice activists, peasants and family farm leaders, labor activists, and leading food systems analysts. Authors address the political, economic, and social changes needed to reshape the way our food is produced, processed, distributed and consumed. Together, they lay out convergent strategies for the fair, sustainable, and democratic transformation of our food systems.

2011 Paperback, \$24.99, 348 pages, [ISBN: 9780935028386](#) | eBook, \$10.95, [ISBN: 9780935028393](#)

Food First



CAMPESINO A CAMPESINO

Voices from Latin America's
FARMER TO FARMER MOVEMENT
for Sustainable Agriculture

Campesino A Campesino:

Voices from Latin America's Farmer to Farmer Movement for Sustainable Agriculture

Eric Holt-Giménez

Campesino a Campesino is the first book in English to tell the story

of the Farmer to Farmer movement which developed in Southern Mexico and war-torn Central America over the last three decades. Eric Holt-Giménez describes the social, political, economic, and environmental circumstances that shape the movement. It vividly brings to life the hopeful stories of peasant farmers helping one another to farm sustainably, protecting their land, their environment, and their families' future.

"Engagingly written, this book tells the story of a powerful social movement that originated in Guatemala and spread through Mexico, Nicaragua, and Cuba. Holt-Giménez's highly knowledgeable account of the Campesino a Campesino movement offers us an alternative vision of sustainable development, one that is truly bottom-up. This book is an excellent teaching tool for undergraduate and graduate students alike."

—Rachel Schurman, Associate Professor of Sociology and Global Studies, University of Minnesota

2006 Paperback, \$19.95, 226 pages, [ISBN: 9780935028270](https://doi.org/10.1017/9780935028270)



About Food First

Food First, also known as the Institute for Food and Development Policy, is a nonprofit research and education-for-action center working to expose the root causes of hunger in a world of plenty. It was founded in 1975 by Dr. Joseph Collins and Frances Moore Lappé, author of the best selling *Diet for a Small Planet*.

Food First has grown to profoundly shape the debate about food, hunger, and development by revealing that hunger is created by concentrated economic and political power; not by scarcity. Working with farmers, farm-workers, frontline organizers and researchers, Food First generates information and analysis to truly address these underlying causes of hunger, locally and globally.

Food First's books and shorter publications are widely used in university courses and around the world. Much of our research is open access and free, to be used by the public to become more informed and create critical change from the ground up. Please contact Martha Katigbak-Fernandez at marthak@foodfirst.org if you would like to invite Executive Director Eric Holt-Giménez to speak.

Become A Member of Food First

Food First's work is made possible by its vast network of members across the country and around the world. Member donations have allowed us to maintain the strong, independent and critical voice Food First is known for. We hope you will [become a member](#) today and support the analysis and education for action needed to grow our food movement.

Subscribe Today

Stay connected with Food First as well as the food justice and food sovereignty movement by [subscribing for free](#) to receive all of our news, analysis, and research.